

LIFEWAYS COUNSELOR CORNER

5th grade



September 2024



A note from Mrs. Meyers

Hello! Welcome to a new school year! I am so excited about working with the 5th grade students at Horace Mann. I will be visiting your student's classroom once or twice a month on Wednesdays throughout the school year beginning September 25. During the month of September, we will spend our time getting to know each other and discussing what we will learn this year in the Too Good for Drugs program. I will also be spending a little time with small groups of students during lunch on Wednesdays to get to know them better. I can't wait to get started! 😊

Upcoming events:

- 9/4- Lunch Bunch
- 9/11- Lunch Bunch
- 9/18- Lunch Bunch
- 9/25-Too Good for Drugs Intro Lesson
- 9/25- Lunch Bunch

Looking ahead:

OCTOBER 9	Lesson 1: Setting Reachable Goals
	Students will learn what a goal is, why it important to set goals, and how to set a reachable goal.
OCTOBER 30	Lesson 2: Making Responsible Decisions
	Students will review the four steps to making good decisions and learn how to identify their options so they can make an informed decision.
OCTOBER 21-25	Red Ribbon Week

Parent Tips:

After each lesson you will receive a Home Workout Activity Page from your student's teacher via Class Dojo. This activity page will help you reinforce at home the skills we learned in class that week. This is totally optional, but a great way to spend time with your student & talk about what they learned in class.

