**RCHS Schedule & Guidelines for At-Home Learning Days**

**Please note: Free grades will NOT be given like they were last spring!**

**What To Do First (Get In Touch With Your Advisor!)**

* **Contact your Advisor!** Your advisor will meet with you and your family over the phone or Zoom to help you set up your daily learning routine.

**Daily Learning Routine**

* Your teachers’ daily schedules and contact information will be posted on their course’s Canvas homepage.

**Some Quick Tips for Successful Learning at Home**

* Do one thing at a time – don’t multi-task. Put your phone away while doing schoolwork.
* Doing schoolwork for 3-4 hours a day, in short shifts of 1-2 hours, may work best.
* Talk to at least two of your teachers daily, including your advisor – you’ll feel more connected and motivated.
* Stick to the daily learning routine you set up with your advisor.

**Accessing Canvas**

* All RCHS courses are available online through Canvas. There is a Canvas Student app that can be downloaded to your smartphone.
* If you do not have internet access at home, contact the following people in this order:
  + Contact your advisor first. If your advisor is not available…
  + Call the school office (394-4048). If the school office is not available…
  + Call Mr. Heilman (939-6529) or Ms. Roberts (939-6477)
* In the meantime, some work on paper can be picked up from the school. Call the numbers above to make an appointment.

**YOU CAN DO THIS!! WE ARE HERE TO HELP.**