**Senior/Junior Check List**

1. Career Exploration
* <https://sdmylife.com>
* Job Shadow and Youth Internship
1. Academic Preparation
* Take challenging classes and try to exceed college academic requirements (i.e. 4 years science, math, and foreign language)
* Prepare for and take ACT/SAT (take test by the spring of Jr. year)

**Websites**: <https://sdmylife.com>, [www.actstudent.org](http://www.actstudent.org), [www.collegeboard.com](http://www.collegeboard.com), [www.petersons.com](http://www.petersons.com), [www.march2success.com](http://www.march2success.com), <https://www.khanacademy.org/test-prep/sat>, [www.learningexpresshub.com](http://www.learningexpresshub.com), www.eKnowledge.com/SDHSAA

**Books**: The Real ACT, Getting Into the ACT

1. Set goals related to your College, Career and Life Plans
* Educational – career/college major
* Personal – location/extracurricular
* Financial Goals –how much you want to spend vs. anticipated income
1. Develop list of colleges – keep organized
* Gather information on colleges by visiting websites or contacting college admissions
* Narrow your choices
* Visit the colleges on your short list
* Finalize your college list
1. Apply – find out what you need
* Applications (Find out: early decision/early admission and scholarships deadlines)
* ACT/SAT scores and Transcripts—Forms are in Student Services and on [www.rcas.org](http://www.rcas.org)
* Letters of recommendation
* Essays
* Application fees
1. Look for Financial Aid
* FAFSA – Federal Application covering grants/loans/work-study. Opens starting October 1, 2022
* Search for scholarships
* College Scholarships: general/major/merit-based/extracurricular/need-based/etc.
* Stevens Scholarship list (Google Sheet) [Scholarships](file:///C%3A%5CUsers%5CTracy.Freidel%5CDownloads%5CScholarships)
* Your employer
* Private loans – parent/student
* WUE (Western Undergraduate Exchange) and Reciprocity with Minnesota
* Military
* SD Opportunity Scholarship
* Dakota Corps Scholarship
* Build Dakota Scholarship
1. Decide
* Compare awards letters and consider entire packages
* Notify the college of your decision

**Student Services 2022-2023 Information**

**Counselors/Advisors**

|  |  |  |
| --- | --- | --- |
| **Name** | **Title** | **Alphabet (1st letter of last name)** |
| Jerry Johnson | School Counselor | A - C & V - Z |
| Roxann Engel | School Counselor | D - J |
| Tracy Freidel | School Counselor | K - N |
| Sonja Gab | School Counselor | O - U  |
| Ashley Jensen | Lifeways | A - Z |

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# Student Services

|  |  |
| --- | --- |
| Appointments | Schedule with Brenda Sinclair in Student Services |
| Schedule Adjustments | See only your school counselor for schedule adjustments |
| Transcript Request | Forms in Student Services and online at [www.rcas.org](http://www.rcas.org)  |
| ACT/SAT Information | Student Services or at [www.rcas.org](http://www.rcas.org)  |
| NCAA & NAIA Eligibility | NCAA and NAIA websites |
| College/Career/Scholarship Searches | Make an appointment with your counselor and use resources provided during the senior meeting. |
| Scholarship (Google doc) | [Scholarships](https://docs.google.com/spreadsheets/d/1N0wrpOFzUYS697VcznDaZgkEC5VbKyBxd24dE0_5eT0/edit?usp=sharing) |

**SHS Counseling Department website: www.rcas.org**

**2022-2023 Events**

|  |  |
| --- | --- |
| ACT & SAT Testing Dates | Information in Student Services |
| Post High Planning Day | October 6th, 8:00-9:45 am @ Monument |
| College Access Campaign | October 3rd -November 30th  |
| College Expo | November 15th 5:00 -7:00 pm in Link  |
| Financial Aid/FAFSA Event | November 15th 5:00 – 7:00 pm |
| ASVAB Test (Military) | October 7 1:00 pm \* must pre-register |
| College & Military Visits | In the Link Multipurpose room. Listen to announcements for other dates |

**Pay attention to the announcements and the SHS calendar for future events!**

[**Scholarships**](https://docs.google.com/spreadsheets/d/1N0wrpOFzUYS697VcznDaZgkEC5VbKyBxd24dE0_5eT0/edit?usp=sharing)

**(Google spreadsheet posting of all scholarship notices received by SHS)**

[**Scholarship websites**](https://sdk12-my.sharepoint.com/%3Aw%3A/g/personal/tracy_freidel_k12_sd_us/EQ8yGNSyF_ZOs6BgWW0i-WABSs1jP7mYcLzgcXQmpIBKrw)

**Scholarship Searches (self-search websites)**