MEALS FOR DISTANCE LEARNERS

Beginning the Week of Oct. 19th

STEP 1: ORDER MEALS

Parents order up to 5 breakfasts and 5 lunches via surveys that will be available on RCAS website and sent to parents via email weekly. Parents will choose their pickup location and time on the survey. To ensure adequate time to prepare meals, surveys will be due the prior Tuesday before 10am.

STEP 2: SET REMINDER TO PICK UP MEALS

Please remember to pick up your meals!

STEP 3: PICK UP MEALS

You can let us know you're at the buildings by:

- **Emailing RCASmeals@gmail.com**
- **Calling during work hours (see numbers below)**

"This is** (insert name) **and I'm here at** (insert school) **to pick up meals"
emailed to
RCASmeals@gmail.com

Meals are available for all distance learners
on Mondays at these schools and times:

8:00-9:00am
Central HS
394-4001 ext. 5

1:00-2:00pm
Stevens HS
394-6758 ext. 628

1:30-2:30pm
East MS
394-5139 ext. 147

9:00-10:00am
General Beadle
394-1841,
ask for kitchen

1:30-2:30pm
Southwest MS
394-6792,
ask for kitchen

1:30-2:30pm
South MS
394-4024,
ask for kitchen