** **Quick Reference List for Parents**

**Parent Link to helpful information on the Conscious Discipline Website:** [**https://consciousdiscipline.com/about/parents/**](https://consciousdiscipline.com/about/parents/)

**Free resources that include discipline tips and articles about parenting**

[**https://consciousdiscipline.com/free-resources/**](https://consciousdiscipline.com/free-resources/)

**Dr. Bailey’s Ted Talk on the Brain:** <https://www.youtube.com/watch?time_continue=3&v=cjVJV7G8x3s>

17 minutes and 47 seconds

**Gang leader to graduate: A Conscious Discipline transformation**

<https://consciousdiscipline.com/videos/gang-leader-to-graduate-a-conscious-discipline-transformation/>

10 minutes and 11 seconds

**3 vital steps to successful routines**

<https://consciousdiscipline.com/webinars-three-vital-steps-to-successful-routines/?utm_source=Conscious+Discipline+News+%2B+Offers&utm_campaign=99b89f2499-EMAIL_E-NEWS-CAMPAIGN_2018_09_28&utm_medium=email&utm_term=0_fb76618fa7-99b89f2499-106875182&mc_cid=99b89f2499&mc_eid=2eb1aabee2>

36 minutes and 46 seconds

**Parent cliff notes for the skills of Conscious Discipline**

<https://consciousdiscipline.com/webinars-parent-cliff-notes-for-the-skills-of-conscious-discipline/>

19 minutes and 56 minutes

**Proven Success Strategies for Children with Special Needs**

<https://consciousdiscipline.com/e-learning/webinars/proven-success-strategies-for-children-with-special-needs/?utm_source=Conscious+Discipline+News+%2B+Offers&utm_campaign=cc68000a44-EMAIL_E-NEWS-CAMPAIGN_2018_10_30&utm_medium=email&utm_term=0_fb76618fa7-cc68000a44-107126482&mc_cid=cc68000a44&mc_eid=eb1880f876>

1 hour

**The safe place at home**

<https://consciousdiscipline.com/e-learning/webinars/the-safe-place-at-home/?utm_source=Conscious+Discipline+News+%2B+Offers&utm_campaign=cc68000a44-EMAIL_E-NEWS-CAMPAIGN_2018_10_30&utm_medium=email&utm_term=0_fb76618fa7-cc68000a44-107126482&mc_cid=cc68000a44&mc_eid=eb1880f876>

27 minute

**Seeing Conscious Discipline in the Home**

<https://consciousdiscipline.com/e-learning/webinars/seeing-conscious-discipline-in-the-home/>

32 minutes

**Building Safety in foster and adoptive families Part 1**

<https://consciousdiscipline.com/e-learning/webinars/building-safety-and-connection-in-foster-and-adoptive-families-session-1/>

45 minutes

**Building Safety in foster and adoptive families Part 2**

<https://consciousdiscipline.com/e-learning/webinars/building-safety-and-connection-in-foster-and-adoptive-families-session-2/>

42 minutes

**Building Safety in foster and adoptive families Part 3**

<https://consciousdiscipline.com/e-learning/webinars/building-safety-and-connection-in-foster-and-adoptive-families-session-3/>

38 minutes

**Wishing you wellness: Parent Self-care**

<https://consciousdiscipline.com/e-learning/webinars/wishing-you-wellness-parent-self-care/>

33 minutes