



Discovery

RCAS Policies/Procedures:

Students will be required to follow all RCAS policies and procedures. To view the RCAS High School Student Handbook, click handbook.

Course Description:

The Discovery Class is a concrete, skills-based curriculum designed to foster positive student change. It equips students with the essential social skills for school and life success while also boosting their academic achievement.

The class will be based on six key modules: Effective Groups, Anger Management, Communication Skills, Assertiveness Training, Problem-Solving, and Conflict Resolution.

Textbook:

Not applicable

Required Resources:

"Limited Choice" Resources: (students will be asked to choose at least one title from this list)

Student Choice:

Will student be asked to choose additional reading material from the classroom or school library?

No

Essential Questions:

What skills are needed to succeed in a cooperative learning/working environment?

Essential Learning Intentions:

- To develop a strong sense of community and establish positive student support systems.
- To teach, practice, and provide feedback on positive social skills.
- To reinforce the culture of the classroom/school and ensure that all students realize what is expected of them and what they can expect from the staff.