

Freshman Seminar

RCAS Policies/Procedures:

Students will be required to follow all RCAS policies and procedures. To view the RCAS High School Student Handbook, click [handbook](#).

Course Description:

Freshman Seminar course is designed to help freshmen learn and apply skills that will enhance their educational experiences and prepare them for the next steps on their journeys, whether they attend post-secondary colleges or proceed directly into the workforce. Some of the topics to be studied include goal-setting, study skills, time management, and learning styles.

Textbook:

None

Required Resources:

- YouScience
- Everfi
- Lifeways

“Limited Choice” Resources: (students will be asked to choose at least one title from this list)

Student Choice:

Will student be asked to choose additional reading material from the classroom or school library?

No

Essential Questions:

Can students demonstrate that aptitudes and interests were taken into account during Pathway selection?

Can students reflect on study skills, organizational skills, learning styles, goal-setting, time management, and responsibilities?

Can students define and demonstrate workplace soft skills, including communication skills, ethics, professionalism, teamwork, attitude, and quality work?

Can students reflect on adolescent development, impacts of drug use, relationships, and healthy coping skills to as part of Lifeways' Project Success instruction?

Essential Learning Intentions:

I can choose the RCAS Pathway I am most interested in by researching and understanding my interests and aptitude.

I can collaborate and communicate respectfully with a diverse group of people.

I can develop an understanding of Soft Skills and how they are important to become a successful employee.

I will participate in Lifeways presentations to learn about the effect of drug use and skills for healthy behaviors.