

Freshman Seminar Syllabus

RCAS Policies/Procedures

Students will be required to follow all RCAS policies and procedures. To view the RCAS High School Student Handbook, click [handbook](#).

Course Description

Freshman Seminar is an introduction to high school and the Rapid City Academies and Pathways Approach. This course focuses on cultivating successful school habits, healthy behaviors, introduces workplace norms, and gives students an overview of the their RCAS Academy and Pathway choices.

Grading

Pass/Fail based on points. Points will be awarded and collected cumulatively through the semester.

Textbook

Canvas – Freshman Seminar

Reading

Canvas Lesson Module Reading – Small articles to aid in understanding.

Instructional Resources

rcas.org

Canvas Tutorial Videos

YouScience.org

Essential Learning Intentions

In Freshman Seminar, students should be able to:

- Explain the structure of the RCAS Academies.
- Discover personal interests and aptitudes and how they align with the various RCAS Academies.
- Select an Academy based on personal interests, goals, and aptitudes.
- Develop an awareness of career options beyond their immediate interests.
- Develop interpersonal skills and study habits which will enhance their high school experience.

- Be introduced to workplace norms, including how to apply, interview, and behave at work.
- Identify and adapt to different communication styles.
- Learn healthy behaviors and know who to contact for help with substance abuse issues (covered by Lifeways curriculum).
- Develop a plan for progressing through high school (covered by GRADtime).